

MICRODOSE BROS.

Presents:

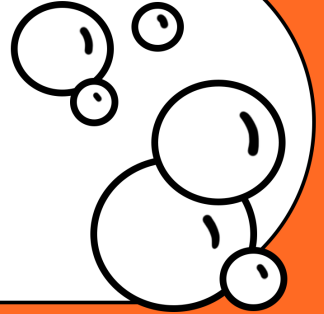
The Art of Cultivating Waikiki Waves Magic Mushroom (*Psilocybe Anoi hybrid*) Grow Kits Part 1

Step 1, Prepare a Sterile Workspace

Action: Disinfect all surfaces, thoroughly wash your hands up to your elbows, and wear sterile gloves.

Make sure the room is clean and free of dust to protect the mycelium from contamination.

Explanation: Cleanliness is essential to avoid contamination from bacteria or mold, which could ruin the growth.



Step 2. Soak the Kit

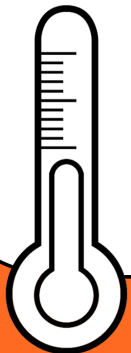
Action: Remove the lid from the grow kit carefully, fill the kit with clean cold water, and allow it to soak for 6-12 hours. After soaking, remove the lid and drain off any excess water.

Explanation: Soaking helps rehydrate the substrate and encourages healthy growth before the first flush.

Step 3. Create a Humid Environment

Action: Place the grow kit inside the grow bag provided with the kit. Take a spray bottle filled with clean water and spray the inside walls of the bag. Fold over the end of the bag, making sure enough air is trapped inside, and close it using the paper clips provided. Open the bag only when the walls have dried out, and briefly mist them again.

Explanation: Mushrooms require high humidity to thrive, as it mimics their natural environment. Too little humidity will dry them out, and too much can lead to mold.

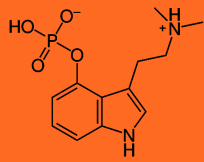


Step 4. Control Temperature & Light

Action: Maintain a stable temperature between 23-25°C (73-77°F). Place the grow kit in a bright location with indirect natural daylight. Avoid direct sunlight and large temperature fluctuations.

Explanation: Waikiki Waves develops best in warm, stable conditions with indirect light. Consistent temperatures encourage healthy cluster formation and steady growth.





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Step 5. Monitor Growth

Action: Over the next 3-5 weeks, monitor the kit daily. During the early stages of growth, the bag can remain closed to maintain humidity. Once small coral-like formations begin to appear, open the bag briefly each day to refresh the air and help maintain proper humidity levels.

Explanation: Healthy growth requires stable conditions and regular monitoring. Consistent temperature, humidity, and fresh air will support proper cluster development and maximise your harvest.



Step 6. Harvest the First Flush

Action: Harvest when growth has noticeably slowed and the coral-like clusters begin developing smaller, more defined ruffles at their tips. A good sign of maturity is when the mushrooms bruise blue after being gently touched or handled. Using a sterile knife, carefully remove the mature clusters from the substrate.

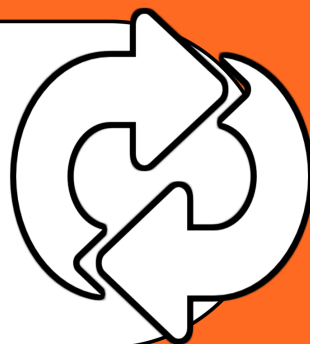
Explanation: Unlike traditional mushroom varieties, Waikiki Waves often grows in dense coral-like clusters. Tip colour change to blue and slowing growth are reliable signs that the clusters are ready to harvest.

Disclaimer: Alternatively, you can gently wiggle and twist the mushrooms to remove them from the substrate. However, be aware that this method may disturb the mycelium and potentially reduce future flushes by damaging the substrate.

Step 7. Dunk for Second, Third, or Fourth Flush

Action: After harvesting the first flush. You can repeat step 1 through 6 to get up to 2-4 flushes

Explanation: Rehydrating the mycelium after the first flush helps it produce more mushrooms. Eventually, the nutrients in the substrate will run out, and growth will stop, but rehydration allows for multiple flushes before that happens.



Step 8. Enjoy

Congratulations on successfully growing your magic mushrooms!

We hope you enjoyed your Microdose Bros grow kit.

We'd love to hear about your experience—please consider leaving a review to help us improve and reach more people.

If you're looking to dry your mushrooms, check out our drying guide!



LEAVE A REVIEW!



HOW TO DRY?

